

Granta Housing Society

Founded in 1968, Granta Housing Society is a Registered Social Landlord working throughout the Eastern Region. As an independent, charitable organisation, the Society exists to work with other agencies in providing social housing, care and associated services to help meet long-term community needs. The Society became part of the Metropolitan Housing Partnership in April 2005.



Granta Housing Society Ltd

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Move-On Accommodation for Individuals with Mental Health Needs

A Supporting People & Social Care funded service



Key Aims Of The Service

Dundee Court aims to provide supported accommodation for 14 people with medium to high mental health needs whom require varying levels of support and who wish to maximise their potential for independent living. We aim to provide an approach that offers privacy, dignity, choice, rights and fulfilment.

We offer accommodation that is available for an agreed period negotiated at time of referral and while the individual has needs which can be met by the scheme. This period should generally not exceed two years and comply with the conditions of the tenancy.

The service will aim to provide:

- The necessary social, life and activity of daily living skills in order for tenants to achieve their optimum level of independence.
- A means of monitoring tenants' mental health on a daily basis and involving other professionals where considered necessary.
- Opportunities for tenants in the community – establish links and ensure individuals are aware of services to which they are entitled.
- Support to maintain and develop positive links between tenants and their families and friends.
- An environment where tenants' personal views, choices and values can be expressed and respected.
- A multi-cultural approach that will encourage sensitivity to different needs and practices among differing ethnic and cultural groups.
- An awareness and respect for religious beliefs held by tenants.
- A positive relationship with professionals and advocates.
- A specialised resettlement service for three months that incorporates continuation of support and tenancy sustainment for tenants when they move on. We aim to continue supporting tenants with the skills and confidence they gained whilst at Dundee Court.

Strengths Based Approach

The Society uses an innovative approach to promote the individuality of clients. The approach guides and influences our work and is evident in the language of interactions with clients, as well as our written documentation such as assessments, support plans and management of risk. The focus of support is on individual strengths, interests, and capabilities. We empower people to take a lead in their own package of support with greater attention to creativity and flexibility in relation to the concepts of engagement, intervention and collaborative working.

Service Availability

The service comprises of 14 self-contained flats located in the Craylands area of Basildon. Staff are available on site between the hours of 8am and 7pm Monday to Friday an 11:30am to 7pm at weekends. Outside of these hours there is an emergency on-call system in operation.

How to refer individuals to the service:

All prospective tenants are to be referred to Dundee Court by local Mental Health Services or Community Mental Health Teams. Referrals are only taken from agencies who have adopted an Equal Opportunity and anti-discriminatory policy. Referrals should be accompanied by current CPA support/care plans and risk assessments, consultant/GP report and occupational therapy report (Activities of Daily Living).

There must be clear indications that move on into independent accommodation within the community is an expectation.

Any person considering making a referral should contact the Scheme Manager at Dundee Court to arrange for an informal visit with their client (contact details on back of this leaflet).

If they wish to proceed, a referral form should be completed and sent to the Scheme Manager.

Key Areas of Support

1. **Health and well-being**
managing mental health. Support to cope better with things that cause personal concerns and enhancing daily living skills.
2. **Enjoying and achieving**
support to engage in meaningful activities. This may include support accessing leisure, work, and education/training opportunities. Having contact with external services or groups ie. voluntary/unpaid work. Gaining support from local services.
3. **Building on confidence**
support to develop confidence and have the ability to have greater choice and/or control. Working with individual's strengths, skills and talents.
4. **Choice and control**
working on things that are personally important to individuals.
5. **Equality and diversity**
support to ensure individuals do not experience any form of discrimination or harassment.
6. **Economic well-being**
support with developing budget skills and help dealing with bills and rent payments. Ensuring maximum benefit entitlement and support to apply for appropriate grants. Dealing with correspondence, liaising with utility companies.
7. **Personal dignity**
supporting individuals to feel safe in their home and maintain their accommodation.