

enthusiasm, experience and quality



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Mental Health Home and Community Support Service



Granta Housing Society

Founded in 1968, Granta Housing Society is a Registered Social Landlord working throughout the Eastern Region. As an independent, charitable organisation, the Society exists to work with other agencies in providing social housing, care and associated services to help meet long-term community needs. The Society became part of the Metropolitan Housing Partnership in April 2005.

Strengths Based Approach

The Society uses an innovative approach to promote the individuality of clients. The approach guides and influences our work and is evident in the language of interactions with clients, as well as our written documentation such as assessments, support plans and management of risk. The focus of support is on individual strengths, interests, and capabilities. We empower people to take a lead in their own package of support with greater attention to creativity and flexibility in relation to the concepts of engagement, intervention and collaborative working.

Levels of Support

- Standard Support is available for individuals in their own homes and community settings who have mental health needs to manage every day living.
- Enhanced Support is designed for individuals with more complex needs who may need more intense positive encouragement to engage in opportunities that are available to them. They may have a history of high-risk behaviours, including self-harm and neglect.

Key Areas of Support

1. Health and well-being – managing physical/mental health. Support to cope better with things that cause personal concerns and enhancing daily living skills.
2. Enjoying and achieving – support to engage in meaningful activities. This may include support accessing leisure, work, and education/training opportunities. Having contact with external services or groups ie. voluntary/unpaid work. Gaining support from local services.
3. Building on confidence – support to develop on confidence and have the ability to have greater choice and/or control. Working with individual's strengths, skills and talents.
4. Choice and control – working on things that are personally important to individuals.
5. Equality and diversity – support to ensure you do not experience any form of discrimination or harassment.
6. Economic well-being – support with developing budget skills and help dealing with bills and rent payments. Ensuring maximum benefit entitlement and support to apply for appropriate grants. Dealing with correspondence, liaising with utility companies.
7. Personal dignity – supporting you to feel safe in your home and maintain your accommodation.

How to refer individuals to the service

To access our service, individuals require a referral to be made directly by a Care Co-ordinator from within a Community Mental Health Team. The service operates in the areas of Cambridge City and South Cambridgeshire, Huntingdon, East Cambridgeshire and Fenland District Councils. Support is available seven days a week between 8am and 8pm.