

**Granta Housing Society**

Founded in 1968, Granta Housing Society is a Registered Social Landlord working throughout the Eastern Region. As an independent, charitable organisation, the Society exists to work with other agencies in providing social housing, care and associated services to help meet long-term community needs. The Society became part of the Metropolitan Housing Partnership in April 2005.



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**Specialist Mental Health Floating Support Service**

**A Supporting People funded service**



**Key Aims of the Service.** The service will provide:

- housing-related support to people with enduring mental health needs
- support to people in their own homes regardless of their tenure
- a service to individuals who are 16 years or over who live in Cambridgeshire (excluding Peterborough)
- an approach that offers privacy, dignity, independence, choice, rights and fulfilment
- a multi-cultural approach and to promote awareness and respect for religious beliefs held by service users.

### **Strengths Based Approach**

The Society uses an innovative approach to promote the individuality of clients. The approach guides and influences our work and is evident in the language of interactions with clients, as well as our written documentation such as assessments, support plans and management of risk. The focus of support is on individual strengths, interests, and capabilities. We empower people to take a lead in their own package of support with greater attention to creativity and flexibility in relation to the concepts of engagement, intervention and collaborative working.

### **Service Availability**

The service operates throughout Cambridgeshire (excluding Peterborough) and support is available from Monday to Friday, 8am-8pm.

### **How to refer individuals to the service**

To access the service, referrals should be made directly by an involved professional such as Care Co-ordinator, GP, Social Worker, Probation Officer etc. Self referrals will also be considered subject to relevant information gained from professionals. Contact details for the service can be found on the back of this leaflet.

### **Key Areas of Support**

1. **Health and well-being**  
managing mental health. Support to cope better with things that cause personal concerns and enhancing daily living skills.
2. **Enjoying and achieving**  
support to engage in meaningful activities. This may include support accessing leisure, work, and education/training opportunities. Having contact with external services or groups ie. voluntary/unpaid work. Gaining support from local services.
3. **Building on confidence**  
support to develop confidence and have the ability to have greater choice and/or control. Working with individual's strengths, skills and talents.
4. **Choice and control**  
working on things that are personally important to individuals.
5. **Equality and diversity**  
support to ensure individuals do not experience any form of discrimination or harassment.
6. **Economic well-being**  
support with developing budget skills and help dealing with bills and rent payments. Ensuring maximum benefit entitlement and support to apply for appropriate grants. Dealing with correspondence, liaising with utility companies.
7. **Personal dignity**  
supporting individuals to feel safe in their home and maintain their accommodation.